

# Coaching Agreement

Cape Breton West Minor Hockey



All coaches are members & representatives of the Cape Breton West Minor Hockey Association (CBWMH). Your personal conduct on and off the ice is a direct reflection of the quality long term development program we intend to offer. As Head Coach, you and your bench staff are responsible to uphold the following rules of conduct, ethics, and procedures.

## Respect

Utmost respect will be paid to the game, officials, opponents, facility/facility staff, teammates, and parents:

- When permitted, players and coaches will shake hands with opponents and officials after every game.
- Players and coaches will communicate with officials with exceptional respect.
- Dressing rooms will be left in better condition than they were found.

## Player Development

Every practice will have a plan. That plan will be shared at least 24 hours before the ice time with all assistant coaches and the CBW Rep Coordinator. Adaption and improvisation will of course happen. Practices should be planned to maximize activity levels, and be age and stage appropriate. Lecturing on the ice will be minimal, if any. Use time off the ice for discussions. Always consider ice time our most valuable commodity, and make sure ice time is only used for things that require ice.

U7, U9, and U11 coaches will follow the requirements and recommendations set out in the Hockey Canada Canadian Player Pathway.

# Ice Time

Every player on a team deserves the same opportunity and ice time. Sacrificing the development of a player for winning ANY game is unacceptable. Players deserve the chance to play in every moment and situation.

- Ice time is to be divided fairly. “Shortening the bench” for ability or advantageous purposes will not be tolerated.
- If a player exhibits behavior on or off the ice that is unacceptable from the perspective of safety or sportsmanship, ice time can be limited as a corrective measure, provided the following:
  - The decision is made by the acting head coach
  - Other coaches are made aware of the situation
  - The player is instructed in a constructive manner of the measure
  - The player’s parents are advised as soon as possible after the game

The goal is to get the player out of the situation that has cost them ice time, not to put them in a situation where this will be a regular occurrence.

- For 13U, 15U, and 18U teams at the A, AA, and AAA level playing in a meaningful elimination or championship game where the score is within 1 goal, the head coach will have the option to give their top performers more ice time in the last 5 minutes and overtime provided NO player is being benched.

Coach Name (please print)

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Coach Signature

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Team(s)

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